

# **Balance-Recovery – Self-Healing**

## **About us**

**Balance-Recovery means finding balance in your life.**

**It makes life simple and easy as life is.**

**Being one with everything there is.**

**Balance-Recovery is like life itself, growing, changing, caring. No teacher, no student, nothing to do.**

**Just to BE, who you REALLY are...**

Balance-Recovery helps you to:

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**· Reconnect with your true self**

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**· Deepen your relationships**

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**· Make your wishes and dreams  
come true**

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**· Heal the causes of diseases  
and illnesses**

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· **Enjoy life as it is**

**Come and celebrate life, because  
life is joy, life is fun, life is  
easy!**

[Learn more](#)

[Join our Newsletter!](#)

Close



· **Moments of Truth – Germany, NRW – Confirmed**

February 23 - February 24

· **Moments of Truth – Germany, NRW – Confirmed**

March 30 - March 31

• **Moments of Truth – Lithuania, Kaunas – Confirmed**

April 5 - April 7

• **Moments of Truth – Prague – Confirmed**

April 13 - April 14

**[Complete calendar!](#)**



## Wilri Waarlo

Wilri Waarlo accompanied for more than 24 years  
individuals  
and groups on their way to mental, emotional and  
physical Balance.

**[Read more about Wilri...](#)**

## Jakub Endrýs

Jakub will accompany you during the Balance-  
Recovery  
Moments-of-Truth. You will always feel safe in his  
hands.

**[Read more about Jakub...](#)**

**“If we start to experience again  
everything is getting love.  
Everything is making you free.  
Everything is healing you.  
Everything is making you fall down  
in your truth.  
The miracle to be human. It makes  
life very simple.  
It is enlightening your path and  
making you normal again.  
Being a nobody. Melting with  
everything.  
Being one with God.  
Being one with the universe.”  
-Wilri Waarlo-**

## **[Quotes from Wilri](#)**

# Embracing the World

JTNDaWZyYW1lJTIw3JjJTNEJTIyaHR0cCUzQSUyRiUyRmJhbGFuY2UtcmlVjb3  
ZlcnkuY29tJTIJGZ2xvYmU1MkZnbG9iZS5odG1sJTIyJTIwd2lkdGglM0Q0NzAl  
MjIlMjBoZWlnaHQlM0QlMjI0NzAlMjIlMjBmcmFtZWJvcmlciUzRCUyMjAlMj  
IlMjBhbGxvd2Z1bGxzY3JlZW4lM0QlMjJhbGxvd2Z1bGxzY3JlZW4lMjIlMjBz  
Y3JvbGxpbmclM0QlMjJubyUyMiUyMGFsbG93dHJhbNwYXJlbnN5JTNEJTIydH

J1ZSUyMiUzRSUzQyUyRmlmcmFtZSUzRQ==

## Newsletter

Sign-up for our Balance-Recovery Newsletter.

First Name

Last Name

Email address:

Leave this field empty if you're human:

If you don't want to receive any emails from us, click here to [unsubscribe](#).

## Donate

For those interested in contributing to the success of Balance-Recovery, giving people who don't have enough possibilities to the Balance-Recovery Moments we invite you to make a small donation to support them.

Contributions of any size are welcomed and deeply appreciated.

We manage the donations according to their purposes. The donations will be divided into 3 different areas.

1. For people who can not pay to participate.
2. Our new center.
3. Administrative Areas

You decide for which purpose the donation will be used. Please specify your desired purpose.



# Projects for ...

## Families and Youngsters

“Be careful how you speak to your children, one day it will become their inner voice.”

– Peggy O’Mara –

## Organizations

“We all want to work in a flow, together, in a team. To get the best out of everyone.”

## Life Centers

“At the Balance-Recovery Life-Center, everything comes together. Our centers are all about being human, being whole.”

## ADHD

Strangely more and more children get diagnosed with ADHD, ADS, PDD-NOS.

What does that say about our society?



## Family Reunion Sessions

In our Balance-Recovery Family Reunion Sessions we work on self-healing and reuniting the family through many generations.





